

PRESS RELEASE



Commonwealth Healthcare Corporation

Commonwealth of the Northern Mariana Islands
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FOR IMMEDIATE RELEASE

“CHCC Crisis Counseling Program Encourages K-12 Students to Participate in the ‘My Hero’ Contest - Entries Due Friday, October 25”

The Commonwealth Healthcare Corporation’s (CHCC) Crisis Counseling Program (CCP) YUTU - “You, Us, Together, United” - was established last year in the aftermath of Super Typhoon Yutu to provide CNMI residents on Tinian and Saipan with behavioral health services. Over the past year, they have visited thousands of community members in their homes and villages to provide free, anonymous counseling, teach coping strategies, and refer people to appropriate services as needed.

As we approach the one-year anniversary of Super Typhoon Yutu, CCP staff are focused on promoting resiliency and strength in the community, including co-hosting Resiliency Fest, which will take place on October 26 from 5pm-10pm at the Marianas Business Plaza.

CCP YUTU is also recognizing the United Nations' International Day for Disaster Risk Reduction, which celebrates people and communities around the world in their efforts of building more disaster-resilient communities.

In celebration of this day, and the Resiliency Fest, CCP YUTU would like to invite the CNMI’s K-12 students to participate in the My Hero contest. The goal of this contest is to allow students to recognize the most important person who taught them what it means to triumph over adversity. **Each student is asked to draw a picture or write a personal story about the person who helped them become more resilient after Yutu.**

All K-12 students in the CNMI are welcome to enter. Grades K-5 should submit a drawing representing their hero, while grades 6-12 are asked to submit a written story. All entries should be submitted to your school’s office by **Friday, October 25**.

Submission Requirements:

- All entries should be original and in line with the theme My Hero.
- An entry is to be completed by one student only.
- Entries are to be done on letter size paper (8.5" x 11").
- Written submissions are to be one page and in English.
- All submissions should include the student's name, school, and grade level.

Three winners - one for elementary school, one for middle school, and one for high school - will be announced at Resiliency Fest.

For questions or concerns, please contact Crisis Counseling Program YUTU at (670) 286-0227 or send an email to ccpyutu@gmail.com.

For more information about CHCC programs, please follow us on Facebook and Twitter at @cnmichcc, check out our website at www.chcc.gov.mp or call us at (670) 234-8950.

This press release may be found online at <http://www.chcc.gov.mp/index.php/press-releases>

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