

## 20. Support of State Partners-Required for MHBG

1. Has your state added any new partners or partnerships since the last planning period?  Yes  No
2. Has your state identified the need to develop new partnerships that you did not have in place?  Yes  No

If yes, with whom?

- 1) CNMI Governor's Office, CNMI Substance Abuse and Rehabilitation Program
- 2) CNMI Superior Court, Drug Court Program

### **3. Describe the manner in which your state and local entities will coordinate services to maximize the efficiency, effectiveness, quality and cost-effectiveness of services and programs to produce the best possible outcomes with other agencies to enable consumers to function outside of inpatient or residential institutions, including services to be provided by local school systems under the Individuals with Disabilities Education Act.**

Prevention Services: The prevention component of the CGC provides services which includes outreach education and awareness, training and technical assistance, and sub –granting to community prevention programs. Prevention services cover the following areas: Substance abuse prevention, Suicide Prevention and Awareness and where applicable, Mental Health Promotion. Primary Care Services – The CGC provides linkages and referral services to the Commonwealth Healthcare Corporation (CHC) for all medical related care; private health clinics such as the Mariana Eye Institute, Marianas Visiting Nurses, Northern Marianas College (NMC) CREES program and CHC dietician for nutrition.

Mental Health Services: The CGC provides Community Mental Health Services, Behavioral Health Services, and Addiction Services which include a biopsychosocial assessment; individual, couples, and family counseling; psycho-educational classes, individual and group addiction counseling; community mental health services; case management; consultation; and prevention and outreach. Rehabilitation Services – The CGC provides rehabilitation services which include: individual and family counseling, group therapy, educational classes and activities, and referrals to specific treatment groups such as anger management or character building which incorporates substance abuse topics.

Employment Services: The CGC provides linkages and referral services to the Office of Vocational Rehabilitation (OVR), the Workforce Investment Agency (WIA), the Department of Labor, as well as volunteer positions within government agencies in the community.

Housing Services–The CGC provides linkages and referral services to the Northern Marianas Housing Corporation (NMHC) which provides HUD housing vouchers. In addition, the CGC Transitional Living Center (TLC) is a potential 24-hour residential rehabilitation program for adults' with SMI contingent on clinical staffing and programing funding.

Educational Services: The CGC provides linkages and referral services to the Northern Marianas College (NMC), the Office of Vocational Rehabilitation (OVR), and the Public School System (PSS).

Substance Abuse Services: The CGC provides substance abuse services which include counseling services; individual, group, and family therapy; support groups; educational classes and activities; and referrals to specific treatment groups. A service gap is ability for the State to provide levels of care for substance abuse treatment services and co-occurring behavioral health include a social detox program, residential facilities, recovery oriented sober housing, and other recovery oriented systems. Funding

sources are being sought to support Non-profit organizations for building on sustainable community programs.

Medical Services: The CGC provides linkages and referral services to the CHCC for medical services which is a unified medical center that has modern medical equipment For in-patient and outpatient services, emergency care, diagnostic services, and a wide range of public health services. There are 74 acute care beds available for medical, surgical, obstetrical, and pediatric patients and 8 beds for psychiatric inpatients; and serves as the primary referral facility for the Tinian and Rota Health Centers. The CGC also provides referral services to private health clinics. The State is currently working with the Medicaid agency to plan to include Behavioral Health services within health care coverage. Currently, the State does not have a letter of support from the Medicaid agency.

Dental Services: The CGC provides linkages and referral services to the CHCC for dental services which include hygiene, corrections, fillings, prosthetics, and extractions.

Support Services: The CGC provides educational trainings and presentations, as well as linkages and referral services to family/consumer organizations such as CAMI (aka NAMI), advocacy organizations such as the Northern Marianas Protection and Advocacy Systems, Inc. (NMPASI) which implements the Protection and Advocacy for Individuals with Mental Illness (PAIMI) program, as well as the Developmental Disabilities Council.

Services provided by local school systems under the Individuals with Disabilities Education Act Services – The Public-School System provides psychological testing by its educational psychologist; counseling services from school counselors; collaboration with teachers, the special education department, and behavioral psychologist to develop behavioral plans; as well as referrals to CGC and private practitioners for counseling and other mental health services.

Case Management Services: The CGC provides case management services which include assistance with Medicaid and disability benefits applications, as well as securing and maintaining housing, assertive community outreach, day-to-day follow-up and contact with consumers to enhance and prolong tenure, and assisting consumers in keeping appointments and attending other community-based activities and services.

Services for Persons with Co-occurring Disorders: The CGC provides services such as evaluations, educational activities, individual and family counseling, group therapy, support groups, as well as referrals to specific treatment groups such as anger management and/or character building. Referrals to behavioral health services at the CGC are made for SED children/adolescents who are served by the outpatient program, the Public-School System (PSS), and/or the Division of Youth Services (DYS), as well as those who are self-referred.

Maternal and Child Health Program; Specialized Services for Pregnant Women and Women with Dependent Children - Prenatal care service is provided at the Women's Clinic located at the Commonwealth Health Center, and Rota and Tinian Health Center. It is also provided at the Adolescent Health Clinic located at Marianas High School. In addition, Medicaid enrollees can access prenatal care services at 4 Medicaid participating private health clinics. The first visit involves prenatal first visit intake/interview by nurse, physical exam (pap test), blood work, counseling, including HIV testing. The revisit exams include monitoring baby's growth and development and the mother's condition, and continue counseling and education. Case management is provided to pregnant women with pre-existing conditions such as hypertension, heart condition, diabetes, etc. Follow-up is provided during postpartum

care. The new Affordable Care Act Maternal Infant and Early Childhood Home Visiting Program provide home visiting service and coordination of services to families living in at-risk communities. Thus, we will serve some higher risk, more vulnerable families, such as those where a parent has depression, a substance abuse problem, is at risk for abuse and neglect, and/or is experiencing family violence, either singly or in combination. The program works with its partners such as Community Guidance Center for early intervention and referral into professional services such as substance abuse treatment or mental health service. The HV works with its partners to give attention to the implementation of strategies that will address the needs of higher risk families. The HIV Program has an MOU with partners that include working with Women's Clinic, Family Planning Program, Domestic Violence Coalitions, etc. to update the medical history form which has questions on alcohol and other drug use (also cigarette) and screening risk for domestic violence is being reviewed.

Victims Services: The Victims of Crime Act (VOCA) program, a supplemental grant through the CJPA, recipient of Department of Justice, is responsible for providing direct counseling and case management services to victims of crime, as well as providing direct consultation, counseling assistance, outreach, psycho-education, and presentations to all related social services agencies, and participation with related Family Violence Task Force, Domestic Violence Coalitions, and other victims services partnerships. Currently the CGC employs one FTE Clinician to prioritize counseling services to victims of crime.

Coalitions-Community partnerships have been and continue to be developed in the Behavioral Health Council and the Substance Abuse Prevention and Recovery Coalition, which is comprised of community stakeholders of different ethnic, educational, and professional backgrounds, ages (to include youth), and involvement in prevention and/or recovery programs, activities, and services. Recruitment of other populations will be conducted to achieve the goal of representation from all key stakeholder agencies, organizations, and communities, including but not limited to the military and LGBTQI populations.

CDC/HIV/TB: The CGC partners and provides linkages and referral services to the CDC for early identification, rapid testing, referral, and treatment services as part of the corporation.

Other Activities: The CGC provides behavioral health services in the most community-based, accessible (to the child and family) settings such as schools, and at the CGC offices on Navy Hill.

**Please indicate areas of technical assistance needed related to this section.**

The Commonwealth Healthcare Corporation, Community Guidance Center welcomes technical assistance related gaining Support and collaborative efforts with State Partners.