

9. Statutory Criterion for MHBG-Required MHBG

Criterion 1: Comprehensive Community-Based Mental Health Service Systems

1. Describe available services and resources in order to enable individuals with mental illness, including those with co-occurring mental and substance use disorders to function outside of inpatient or residential institutions to the maximum extent of their capabilities.

Within the CGC there are limited state and federal resources available to the Transitional Living Center specific to direct mental health services for consumers and families who are affected by severe and persistent mental health disorders.

Within the Wellness Clinic primary services consist of brief intervention and brief treatment for victims of crime to include general mental health treatment services referred from Family Care Clinic to include the CNMI community.

Within the Systems of Care Clinic there are efforts to provide mental health services and coordinated care for youth who are living with SEDs.

2. Does your state provide the following services under comprehensive community-based mental health service systems? a) Physical health **Yes No** b) Mental Health **Yes No** c) Rehabilitation services **Yes No** d) Employment services **Yes No** e) Housing services **Yes No** f) Educational services **Yes No** g) Substance misuse prevention and SUD treatment services **Yes No** h) Medical and dental services **Yes No** i) Support services **Yes No** j) Services provided by local school systems under the Individuals with Disabilities Education Act (IDEA) **Yes No** k) Services for persons with co-occurring M/SUDs **Yes No** Please describe as needed (for example, best practices, service needs, concerns, etc.)

3. Describe your state's case management services

Due to limited clinical capacity within the Transitional Living Center, Wellness Clinic to include the Systems of Care Clinic are with limited case management services. Consumers and their families are empowered to ensure that care coordination is consumer centered and pursued.

4. Describe activities intended to reduce hospitalizations and hospital stays.

Specific to the Transitional Living Center, consumers are provided support and skill building opportunity to practice and maintain Mental Health Relapse Prevention strategies, illness management recovery to include assisted daily living skills building obtain through the Day Program facilitated weekly. Day program participants are provided efforts with the intent to reduce hospitalizations and hospital stays.

Criterion 2: Mental Health System Data Epidemiology

Contains an estimate of the incidence and prevalence in the state of SMI among adults and SED among children; and have quantitative targets to be achieved in the implementation of the system of care described under Criterion 1.

In order to complete column B of the table, please use the most recent SAMHSA prevalence estimate or other federal/state data that describes the populations of focus.

Column C requires that the state indicate the expected incidence rate of individuals with SMI/SED who may require services in the state's behavioral health system

MHBG Estimate of statewide prevalence and incidence rates of individuals with SMI/SED

Target Population (A)	Statewide prevalence (B)	Statewide incidence (C)
1. Adults with SMI	1984	4
2. Children with SED	1543	1

Describe the process by which your state calculates prevalence and incidence rates and provide an explanation as to how this information is used for planning purposes. If your state does not calculate these rates, but obtains them from another source, please describe. If your state does not use prevalence and incidence rates for planning purposes, indicate how system planning occurs in their absence.

The Community Guidance Center utilizes data gathered by the Transitional Living Center to include having access to the 2015 completed Community Behavioral Health Survey completed by the CNMI State Epidemiological Workgroup.

Please note: Estimate of Prevalence for SMI Population:

The Commonwealth of the Northern Mariana Island (CNMI) adopts the federal definition of Serious Mental Illness (SMI) for the adult consumer population who qualify with specific diagnosis and meeting other criteria under this category. The CNMI continues to use the estimated prevalence rate of 5.4% established by the National Research Institute (NRI). Based on this prevalence rate and the CNMI' adult population of 36,734 (Census 2010), there are about 1,984 adults with SMI in the CNMI.

Estimate of Prevalence for SED Population:

The Commonwealth of the Northern Mariana Island (CNMI) adopts the federal definition of Serious Emotional Disturbance (SED) for the youth consumer population who qualify with specific diagnosis and meeting other criteria under this category. The CNMI continues to use the estimated prevalence rate of 9% established by the National Research Institute (NRI). Based on this prevalence rate and the CNMI' adult population of 17,149 (Census 2010), there are about 1,543 youth with SED in the CNMI.

The CGC are with efforts to hopefully complete the projected 2018/2019 Community Behavioral Health Survey.

Criterion 3: Children's Services

Provides for a system of integrated services in order for children to receive care for their multiple needs. Does your state integrate the following services into a comprehensive system of care? a) Social Services **Yes No** b) Educational services, including services provided under IDE **Yes No** c) Juvenile justice services **Yes No** d) Substance misuse prevention and SUD treatment services **Yes No** e) Health and mental health services **Yes No** f) Establishes defined geographic area for the provision of the services of such system **Yes No**

Criterion 4: Targeted Services to Rural and Homeless Populations and to Older Adults

Provides outreach to and services for individuals who experience homelessness; community based services to individuals in rural areas; and community-based services to older adults.

Describe your state's targeted services to rural and homeless populations and to older adults

Through federal funding resources, the Transitional Living Center provides services to ensure that services are provided as recommended by PATH to include coordinated partnership with the Northern Mariana Housing Corporation, the CNMI's State Housing Authority.

Criterion 5: Management Systems

States describe their financial resources, staffing, and training for mental health services providers necessary for the plan; provides for training of providers of emergency health services regarding SMI and SED; and how the state intends to expand this grant for the fiscal years involved.

Describe your state's management systems.

Within CGC, there are efforts to ensure that federal and state financial resources available to maintain existing program services at the Transitional Living Center to include supplemental efforts to expand program objectives and services.