

5. Person Centered Planning (PCP)-Required MHBG

States must engage adults with a serious mental illness or children with a serious emotional disturbance and their caregivers where appropriate in making health care decisions, including activities that enhance communication among individuals, families, caregivers, and treatment providers. Person-centered planning is a process through which individuals develop their plan of service. The PCP may include a representative who the person has freely chosen, and/or who is authorized to make personal or health decisions for the person. The PCP team may include family members, legal guardians, friends, caregivers and others that the person or his/her representative wishes to include. The PCP should involve the person receiving services and supports to the maximum extent possible, even if the person has a legal representative. The PCP approach identifies the person's strengths, goals, preferences, needs and desired outcome. The role of state and agency workers (for example, options counselors, support brokers, social workers, peer support workers, and others) in the PCP process is to enable and assist people to identify and access a unique mix of paid and unpaid services to meet their needs and provide support during planning. The person's goals and preferences in areas such as recreation, transportation, friendships, therapies, home, employment, education, family relationships, and treatments are part of a written plan that is consistent with the person's needs and desires.

Does your state have policies related to person centered planning? No

Within the Transitional Living Center at Community Guidance Center there are plans to increase training to establish person centered planning and build off wraparound treatment planning training received in prior years.

Describe how the state engages consumers and their caregivers in making health care decisions, and enhance communication.

Through Transitional Living Center services, staff participate in Commonwealth Health Center Psychiatric Ward discharge planning to ensure that individuals receive support to connect with the Family Care Clinic outpatient services to include linkages to the Transitional Living Center program services. As the program expands contingent to program and clinical capacity there will be efforts to ensure that consumers and their caregivers are able to make effective health care decisions while gaining ability and skills to enhance communication.

Describe the person-centered planning process in your state.

Within the Transitional Living Center, there are current efforts to complete necessary biopsychosocial assessment to gauge and identify consumer behavioral health domains to consider when establishing treatment plans. Although the Transitional Living Center primarily focuses on the Day Program, identified program caseworkers ensure that consumers have identified treatment plan objectives and goals related to their individual and family needs.

Please indicate areas of technical assistance needed related to this section

The Commonwealth Healthcare Corporation, Community Guidance Center welcomes technical assistance related to Person Centered Planning (PCP)