

## PRESS RELEASE



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# Commonwealth Healthcare Corporation

Commonwealth of the Northern Mariana Islands  
1 Lower Navy Hill Road, Navy Hill, Saipan, MP 96950



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## FOR IMMEDIATE RELEASE

### “CHCC Pilots Mobile Text Messaging to Improve Health Outcomes”

The Commonwealth Healthcare Corporation (CHCC) Public Health Programs is participating in the Ayva Pilot Program in partnership with Bravado Health.

For the pilot program, the CHCC aims to enroll patients recently diagnosed with type 2 diabetes seen at the CHCC Family Care Clinic.

Being recently diagnosed with type 2 diabetes can be overwhelming, especially considering the complex care patients have to manage with their provider. The Ayva Pilot Program is one way the CHCC is innovating diabetes care. Patients enrolled in the program receive important reminders on their mobile device, such as appointments, taking medication, and follow-up care. Patients use Ayva on any mobile device with internet access, at no cost to them.

The COVID-19 pandemic has had an impact on both the services being provided for and sought by people with diabetes. However, managing diabetes and staying healthy is even more important during a pandemic. The CHCC has implemented “new normal” measures to provide extra protection for our patients. Launching the Ayva project is one way we are adapting to the “new normal” by assisting our patients in prioritizing health during these unprecedented times.

### Who can enroll in the Ayva Pilot Program?

The CHCC is currently contacting patients who have been recently diagnosed with type 2 diabetes seen at the CHCC Family Care Clinic. Patients receive assistance enrolling with Ayva over the phone, as well as information about how Ayva can improve diabetes management. Upon completion of the Ayva Pilot Program, the CHCC hopes to launch Ayva for other patients interested in the mobile text messaging system.

### About Bravado Health

Bravado Health is a nationally recognized company that specializes in healthcare technology and services. The Ayva Pilot Program aims to improve patient health outcomes, improve the delivery of care, and improve follow-up interaction with patients. Ayva aims to compliment primary care and does not substitute or replace consulting your provider.

For more information about Ayva, please visit <https://www.bravadohealth.com/ayva/>. For more information about CHCC programs, please follow us on Facebook, Instagram, and Twitter at @cnmichcc, check out our website at [www.chcc.gov.mp](http://www.chcc.gov.mp) or call us at (670) 234-8950.

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