

## PRESS RELEASE



# Commonwealth Healthcare Corporation

Commonwealth of the Northern Mariana Islands  
1 Lower Navy Hill Road, Navy Hill, Saipan, MP 96950



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### FOR IMMEDIATE RELEASE

#### “CHCC to Host ‘Doc Talk’ on Facebook this Thursday”

The Commonwealth Healthcare Corporation (CHCC) is pleased to announce the launch of our ‘Doc Talk’ – a semi-regular event live-streamed to the CHCC Facebook page @cnmichcc (<https://www.facebook.com/cnmichcc/>) where providers will have the opportunity to talk about health issues that are of interest to the community and answer health and wellness questions from the public. The first Doc Talk will take place this Thursday, December 19, starting at 5:00PM, featuring Dr. Elizabeth Triche, a pediatrician who has worked at the CHCC for the past 6 years.

The community will have the opportunity to comment their health and wellness questions during the live event, but can also submit questions beforehand by:

- Messaging the CHCC Facebook page,
- Emailing [communications@chcc.gov.mp](mailto:communications@chcc.gov.mp),
- Or submitting a public inquiry form on the CHCC website at <https://www.chcc.gov.mp/contactUs/ContactUs.php>. Please note that this last option allows for questions to be submitted anonymously.

The provider will select which questions to answer based on relevance and the number of questions submitted, but may not answer all questions. **Doc Talks are not meant to replace regular doctor’s visits! Providers will not answer personal and specific health questions, offer treatment advice to individuals, or attempt to diagnose conditions. If you believe someone’s health or life is in immediate danger, please call 911 or bring them to the CHCC Emergency Room.**

Examples of appropriate Doc Talk questions:

- What are some ways of lowering blood pressure in children?
- What are the best types of exercise for older people or people with joint problems?
- How much water should you drink each day?



**The advice and opinions presented during Doc Talks are the responsibility of the provider, and do not necessarily reflect the official views or stance of the Commonwealth Healthcare Corporation. Information provided during CHCC Doc Talks does not substitute for doctor's appointments.**

For more information about CHCC programs, please follow us on Facebook and Twitter at @cnmichcc, check out our website at [www.chcc.gov.mp](http://www.chcc.gov.mp) or call us at (670) 234-8950.

This press release may be found online at <http://www.chcc.gov.mp/PressRelease.html>

CHCC Point of Contact:

Zoe Travis, *Communications and Public Relations Specialist*  
(670) 234-8950 Ext. 3359, [communications@chcc.gov.mp](mailto:communications@chcc.gov.mp)